



MENU FOR JAN 2018

<u>DATE</u>	<u>DAY</u>		<u>LUNCH</u>
1/1/2018	MONDAY	HOLIDAYS	
2/1/2018	TUESDAY		
3/1/2018	WEDNESDAY		
4/1/2018	THURSDAY	Bread / Butter / Jam /Fruit Custard	Pav Bhaji / Jeera Rice / Raita / Fruit
5/1/2018	FRIDAY	Veg Khichdi / Baby Corn Bajji / Fruit	Rice / Roti / Mix Veg Makhani / Moong Dal / Curd / Fruit
8/1/2018	MONDAY	Poori-Chana / Fruit	Rice/Roti/Seasonal Veg-Dal/Aloo-Chana Gravy/Curd/Fruit
9/1/2018	TUESDAY	Idli-Sambar-Chutney / Fruit	Peas Pulav/Apple-Cucumber Raita/Roti/Greengram Gravy/Fruit
10/1/2018	WEDNESDAY	Aloo poha / Tomato Chutney / Fruit	Idli-Sambar / Rice / Carrot-Beans Dry / Curd / Fruit Salad
11/1/2018	THURSDAY	Cheese Sandwich / Fruit Salad	Cheese Sandwich / Lemon Rice / Raita / Sauce / Fruit
12/1/2018	FRIDAY	Pongal / Chutney / Dal Vada / Fruit	Pongal / Chutney / Dal Vada / Curd Rice / Pickle / Sweet Pongal
15/1/2018	MONDAY	HOLIDAY	
16/1/2018	TUESDAY	Aloo Parata / Sauce / Fruit	Veg Noodles with Tofu / Sauce / Coconut Rice / Raita / Fruit
17/1/2018	WEDNESDAY	Veg Cutlet / Kesaribath / Fruit	Rice / Roti / Panneer-Matar Dry / Seasonal Veg / Curd / Fruit
18/1/2018	THURSDAY	Stuffed Parata/Apple-Cucumber Raita/Fruit	Veg Upma / Kesaribath / Rice / Rasam / Curd / Fruit
19/1/2018	FRIDAY	Packed Bun-Butter-Jam, Tetrapak Juice	Soya Pulav / Tomato Chutney / Roti / Aloo-Matar Sabji / Fruit
22/1/2018	MONDAY	Tomato-Cheese Pasta / Fruit-Veg Salad	Roti / Palak-Panneer / Rice / Dal Makhani / Curd / Fruit
23/1/2018	TUESDAY	Idli / Sambar / Fruit	Tomato-Cheese Pasta / Sauce / Corn Pulav / Curd / Fruit
24/1/2018	WEDNESDAY	Chapati / Panneer-Matar Gravy / Fruit	Rice / Roti / Mixed Veg Sambar / Beetroot Dry / Curd / Fruit
25/1/2018	THURSDAY	Bread-Butter / Tomato Soup / Fruit	Tri-Colour Veg pulav / Onion Parata / Sauce / Russian Salad
26/1/2018	FRIDAY	HOLIDAY	
29/1/2018	MONDAY	Veg Semiya / Fryums / Fruit	Rice / Roti / Dal Makhani Dry / Mixed Veg / Curd / Fruit
30/1/2018	TUESDAY	Veg Noodles with Tofu / Sauce / Fruit	Chana pulav / Cucumber Raita / Roti / Beans Dry / Fruit
31/1/2018	WEDNESDAY	Chapati / Potato Sagu / Fruit	Methi Parata / Rice / Sambar / Curd / Fruit

NOTE - MENU SUBJECT TO MINOR CHANGE AND AVAILABILITY